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## **National Invitational Championships 2023**

**26<sup>th</sup> Annual Invitational Event**  
**Saturday 3<sup>rd</sup> & Sunday 4<sup>th</sup> June 2023**  
**Woodbrook Youth Facility**

### **\*\*Proposed Session Times\*\***

*\*Session times will be confirmed after the Meet Entry Deadline\**

#### **Saturday 3<sup>rd</sup> June**

Session 1

WAG Levels 2 & 3 - 9:00 a.m.

*Traditional Format:-*

General Stretch 9:00 a.m.

Warm up all apparatus 9:20 – 10:10

Welcome Address - 10:15 a.m.

Compete all apparatus 10:30 a.m. – 11:50 a.m.

*All Sessions 2 - 6 Modified Traditional - Warm up event - compete event*

Session 2 - WAG Level 1 – 12:30 p.m. – 2:10 p.m.

Session 3 - WAG Levels 4 - 10 - 2:40 p.m.

#### **Sunday 4<sup>th</sup> June**

Session 4 - WAG TTGF Pre-Com Juniors – 9:00 a.m.

Session 5 - WAG TTGF Pre-Com Seniors – 11:00 a.m.

Session 6 - WAG Event Finals Levels 1 - 10 - 1:30 p.m.